C304

Professional Roles and Values

21 and DONE……

Week 1 ➤ **"GO"**

"All our dreams can come true, if you have the courage to pursue them" ………….. Walt Disney Dreams come true at WGU.

Instructions: Typically, C304 is considered a 4-week course. This "**21 and Done**" document is intended to provide a framework for you to move through the course quickly, and complete the course in *almost half* the time! As you move through the course, check off items/assignments as you complete them. ☑

*Remember that the cohort videos are to enhance the concepts we will discuss in the live event. You can use them to prepare for the live event and to review concepts after the live event when you are ready to write your paper.

Be sure to contact your Course Mentor via email or their **BOOK TIME WITH ME** link to discuss any questions or concerns about the course.

Day 1 ➤ **Contact your assigned Course Mentor for help!** ☺

Review the **COS**, **Study Plan, Course Tips,** and **Course Search** so you are familiar with what is available to you.
Skim "Preparing for Success" in the COS.

Download or print out the task instructions and grading rubrics-underline or highlight any words, concepts, or acronyms that are not familiar to you.

Think about how you learn best – Reading, Visual (Video), Aural (cohort presentation), Verbal (speech / writing)? If you prefer to learn in a lecture setting, begin watching the module videos. You can use the links in the COS content to reinforce any concepts that are not clear from the videos alone.

Need help with Professional Communication? The **Writing Center** can be located by clicking on the Success Center tab that is located above the course. Select the Writing Center tab and you will find the wonderful resources to help you with Professional Communication and booking time with a Writing Center Specialist.

- ☐ Study Plan: **Introduction and Explore Cohort Offerings**
- ☐ Review Course Announcements
- ☐ Course Tips: C304 Task 1, 2, and 3 Cohort Videos, CI Specialist, Writing Help

- ☐ Contact your assigned CI and Weekend Specialist CI
- ☐ Check out I Need Help with APA 7th Edition Style from the WGU Writing Center in Course Tips

Done

Yes – ☐
20 days Left

Day 2

Preparing for Success
- ☐ Learning Resources
- ☐ Topics and Pacing

The Nursing Profession
- ☐ The Evolution of Nursing
  - ▪ Chapter 1: The Evolution of Professional Nursing
  - ▪ Chapter 5: Theories of Nursing Practice

Done

Yes - ☐
19 days Left

Day 3

Contact your assigned Course Mentor for help! ☺

Start Task 3- Portfolio

Resource:
- * *Go to Assessment Tab and click on Task 3: Print Direction / Rubric and Use the Knowledge Base Article.*
- * *You must use the **portal.office.com** link in Step One of the Knowledge Base Article to create the portfolio.*
- * *Course Tips: C304 Task 3 Portfolio (One Note) Updated 6/25/19 and Cohort Video Recording*
- * *Study Plan: Healthcare Work Environment*
  - o *Nursing Professional Portfolio*
  - o *Portfolio Framework*

The Nursing Profession
- ☐ Role of the Nurse
  - ▪ Chapter 2: The Contemporary Image of Professional Nursing
  - ▪ Chapter 3: The Influence of Contemporary Trends and Issues on Nursing Education

Done

Yes - ☐
18 days Left

Day 4

Professional Accountability
- ☐ Legal Foundations of Nursing
  - ▪ Chapter 4: Nursing Licensure and Certification
  - ▪ Video – New Nurses: Your License to Practice
  - ▪ Video – The Josie King Story

Done

Yes - ☐
17 days Left

Day 5

Complete & Submit Task 3 - Portfolio

Professional Accountability
- ☐ Legal Foundations of Nursing
  - ▪ Chapter 8: Legal Issues in Nursing and Health Care
  - ▪ Video – Nursing medical errors are underreported and therefore safety measures are not being developed
  - ▪ Video: Medication Safety: A Patient Story

Done

Yes - ☐
16 days Left

Day 6

Start Task 2 – Case Scenario   *Contact your assigned Course Mentor for help!* ☺

Resource:
- * *Go to Assessment Tab and click on Task 2: Print Direction / Rubric*
- * *Chapter 9: Ethical and Bioethical Issues in Nursing and Health Care*
- * *Course Tips: Cohort Video Recording*

Done

Yes - ☐
15 days Left

Day 7

Professional Accountability
- ☐ Professional Responsibility
  - ▪ Chapter 20: Effective Delegation and Supervision
  - ▪ Video: Delegating Effectively

Done

Yes – ☐

Congratulations!

14 days Left
You Can Do It...........

Professional Roles and Values

Week 2   <mark>**"Keep Going"**</mark>

"If you can dream it, you can do it" ……….Walt Disney
You can do it at WGU….

Day 8

Complete & Submit Task 2 – Case Study

Professional Accountability
- ☐ Patient Rights and Responsibilities
    - ▪ Chapter 6: Nursing Research and Evidence-Based Practice
    - ▪ Chapter 9: Ethical and Bioethical Issues in Nursing and Health Care
    - ▪

Done

Yes - ☐
13 days Left

Day 9

Self-Advocacy of the Nurse
- ☐ Self-Awareness
    - ▪ Article: Promoting Self-Awareness in Nurses to Improve Nursing Practice
    - ▪ Chapter 24: Making the Transition from Student to Professional Nurse

Done

Yes - ☐
12 days Left

Day 10

Start on Task 1   ***Contact your assigned Course Mentor for help!*** ☺
Course Tips: Cohort Video Recording for Task 1
Complete Sections A / B
Resources: A/B
Go to Assessment Tab and click on Task 3: Print Directions/Rubric
- ▪ *Chapter 1: The Evolution of Professional Nursing*
- ▪ *Chapter 5: Theories of Nursing Practice*

Done

Yes - ☐
11 days Left

Day 11

Continue to work on Task 1
Complete Sections C / D
Resources:
  * *Chapter 3: The Influence of Contemporary Trends and Issues on Nursing Education*
  * *Chapter 4: Nursing Licensure and Certification*
  * *Chapter 8: Legal Issues in Nursing and Health Care*
  * *Chapter 22: Quality Improvement and Patient Safety*
  * *Chapter 11: Complementary and Alternative Healing*
  * *Websites:*
    ▪ *American Nursing Association for their mission, purpose and Code of Ethics*
    ▪ *National Council of State Boards of Nursing (NCSBN)*
  * *Web links below Task Instructions:*
    ▪ *Food and Drug Administration and*
    ▪ *Centers for Medicare and Medicaid Services (CMS)*

Done

Yes - ☐
10 days Left

Day 12

Continue to work on Task 1
Complete Sections E / F
Resources:
  * *Chapter 4: Nursing Licensure and Certification*
  * *Chapter 20: Effective Delegation and Supervision*
  * *Chapter 13: Workforce Advocacy for a Professional Nursing Practice Environment*
  * *Review: WGU Conceptual Model in the course of study for the nursing roles*

Done

Yes - ☐
9 days Left

Day 13

Continue to work on Task 1
Complete Sections G /H
Resources:
  * *Chapter 9: Ethical and Bioethical Issues in Nursing and Health Care*
  * *Chapter 13: Workforce Advocacy for a Professional Nursing Practice Environment*
  * *Web link below task instructions:*
    ▪ *ANA Code of Ethics*

Done

Yes - ☐
8 days Left

Day 14

Complete, Review & Submit Task 1

Self-Advocacy of the Nurse
☐ Self-Care
▪ Article: Nurses and Health-Promoting Behaviors: Knowledge May Not Translate into Self-Care

Done

Yes - ☐
7 days Left

7 days Left
You Can Do It………..

21 and DONE……

Week 3

"We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths" ……………Walt Disney
                            The Path to Success is at WGU…….

Day 15

The Professional Nurse
- ☐ Professionalism
  - ▪ Chapter 19: Effective Communication and Conflict Resolution

Done

Yes - ☐
6 days Left

Day 16

The Professional Nurse
- ☐ Ethical Comportment and Integrity
  - ▪ Chapter 10: Cultural Competency and Social Issues in Nursing and Health Care
  - ▪ Chapter 11: Complementary and Alternative Healing

Done

Yes - ☐
5 days Left

Day 17

Roles of the Nurse (WGU)
- ☐ Nurse as Detective
  - ▪ Review: WGU Conceptual Model
  - ▪ Review: The Nurse Detective: What a Resident's Behavior is Telling You?
  - ▪ Video: Dr. Michael R. Clark Describes Pain Assessment Nonverbal Cues:
  - ▪ Video: Many Roles, One Profession

Done

Yes - ☐
4 days Left

Day 18

Roles of the Nurse (WGU)

☐ Nurse as Scientist
  ▪ Chapter 26: Contemporary Nursing Roles and Career Opportunities
  ▪ Read: Translating Care Theory into Practice
  ▪ Video: Nursing Q&A: Jerome Stone on Nurse Researchers
  ▪ Video: Nursing Research Improves care

Done

Yes - ☐
3 days Left

Day 19

Roles of the Nurse (WGU)
  ☐ Manager of the Healing Environment
    ▪ Article: Creating Workplace Environment that Supports Moral Courage
    ▪ Article: The informal Power of Nurses for Promoting Patient Care

Done

Yes - ☐
2 days Left

Day 20

Healthcare Work Environment
  ☐ Work Environment
    o Chapter 12: Workforce advocacy and the Nursing Shortage
    o

Done

Yes - ☐
1 days Left

Day 21

  ☐ Interprofessional team Practice
    o Chapter 15: Information Technology in the Clinical Setting

"STOP"

21 AND DONE